

## Kailash Manasarovar Yatra with Helicopter-10D/9N

### (From Lucknow to Lucknow - 2025)

This 10 days Kailash Manasarovar tour using helicopter is designed for those who have constraints of time and wish to take short and more comfortable journey. We fly Nepalgunj - Simikot by regular flights and Simikot - Hilsa (Nepal - Tibet border) by chartered helicopter. From the border we drive by coach to Manasarovar via Purang, the most beautiful and peaceful place incomparable to rest of the places on this planet.

We take “parikrama” (circumambulation) of Manasarovar by coach and of Mt. Kailash on foot. Hindus believe that a ritual bath in the sacred Manasarovar delivers a pilgrim to Brahma’s paradise, a drink of its waters relinquishes the sins of hundred lifetimes and a single circumambulation (Kora) of Mt. Kailash wipes out the sins of a lifetime. The journey is indeed a rare opportunity and privilege for devotees who have been dreaming to be close to the home of the Gods and have limited time.



#### **Tour Information**

Tour Code:	KM-H10
Duration:	10 Days
Pick-up from:	Lucknow
Drop at:	Lucknow
Mode of transportation in Nepal:	By Coach, Plane, Helicopter
Mode of Transportation in Tibet:	By Coach
Recommended to travel:	May, June & September
Maximum altitude:	5650mt / 18532ft

### Brief itinerary:

Day	Brief Itinerary	Overnight
1	Pickup from Lucknow Airport or Railway Station and proceed by road to Nepalgunj (approx. 188 km / 4.5 hrs. drive). At 7:00 PM, attend a detailed briefing session on the Yatra.	Nepalgunj
2	Fly from Nepalgunj to Simikot.	Simikot
3	Fly to Hilsa by Helicopter and drive to Taklakot (Purang) (3400m)	Taklakot
4	Drive from Purang to Lake Manasarovar (Chiu Gompa 4550m).	Gompa
5	Parikrama of Lake Manasarovar by coach – perform pooja, homam & other rituals. Drive to Darchen.	Darchen
6	Drive from Lake Manasarovar to Yam Dwar and start Mt. Kailash "parikrama" on foot up to Diraphuk (4920 m.). Stay at guesthouse	Diraphuk
7	Continue "parikrama " to via Dolma-La Pass (5600m) Gaurikund to Zuthulphuk (4780m). Stay at guesthouse.	Zuthulphuk
8	Finish parikrama on foot and then drive to Purang.	Purang
9	Fly Hilsa – Simikot by helicopter. Stay at Hotel	Simikot
10	Fly from Simikot to Nepalgunj by regular flights. Drive back to Lucknow.	Tour Concludes

### Detailed itinerary:

Day	Detail itinerary	Altitude / Distance	Overnight
01	<p>Pickup from Lucknow airport / Railway Station / hotel, drive to Nepalgunj Hotel. Gather at evening 7 PM for detail briefing on the Yatra for about a one-hour.</p> <p><b>Meals: Dinner</b></p>	<p>Alt: 150mt / 492ft</p> <p>Drive: 4 to 5hrs.</p>	4 Star Hotel in Nepalgunj
02	<p><b>Fly Nepalgunj to Simikot</b></p> <p>Early morning have breakfast or carry packed breakfast and leave hotel at about 5-5.30 AM for your flight to Simikot. The flights from Nepalgunj to Simikot operate only in the morning by fixed wing airplane. From 10 a.m. onward, the weather en-route may not be favorable due to heavy wind and cloud. At the airport in Simikot, our staff will receive you and escort to the hotel / guesthouse.</p> <p>Today, you will either visit Shiva temple or relax for getting acclimatized.</p> <p><b>Meals: Breakfast, Lunch, and Dinner</b></p>	<p>Alt 2950mt / 9676 ft.</p> <p>Fly Duration: 45 min</p>	Guesthouse /Hotel in Simikot
03	<p><b>Simikot to Hilsa by Helicopter - then drive to Taklakot (Purang)</b></p> <p>If the weather is clear, we leave hotel/guesthouse at 5 AM to fly to Hilsa 3100 mt, 10168 ft by chartered helicopter at around 6 AM. This scenic flight takes about 20 minutes to reach Hilsa. Since our helicopter can carry only 5 to 6 (maximum) passengers at a time, we have to make some extra shuttle flights depending on the group size to bring all passengers to Hilsa.</p> <p>As per the rule of the Chinese government, the entry and exit of the group should be together. It is not possible to cross the border for those who have flown to Hilsa by the earlier flights. They should wait until the whole group gathers at Hilsa, then cross Nepal – China border together. From helipad, you walk for about 10 minutes.</p> <p>Chinese guide and vehicles will be waiting across the border with bus to drive to Purang also called Taklakot. After crossing the border,</p>	<p>Alt: 3400mt / 11152ft Hilsa</p> <p>fly by Heli: 20 mins.</p> <p>Hilsa to immigration: 10 mins. walk.</p> <p>Driving time 1 to 2 hrs. to Purang (depending on the time taken in entry. 35 km.</p>	Hotel in Purang

	immigration formalities are done on Chinese side. Rest of the time at Purang is for acclimatization.  <b>Meals: Breakfast, Lunch, and Dinner</b>		
04	<b>Purang to Lake Manasarovar (Chiu Gompa)</b> After breakfast, drive to Manasarovar. A brief halt will be taken on the way on the shore of Lake Rakhash Tal from where you get first Darshan of Mt. Kailash (an experience of a lifetime). You will then continue drive to Lake Manasarovar and take parikrama of the Lake by coach. Take a dip in the Lake.  <b>Note:</b> Yatris who wish to hire horses and porters for Mt. Kailash Parikrama should confirm with our guide so that he can make necessary arrangements before starting the parikrama.  <b>Meals: Breakfast, Lunch, and Dinner</b>	Alt: 4550mt / 14924ft. Dist.: 110 km Driving: 2 to 3 hrs. Manasarovar parikrama 105 kms and will take – 4 to 5 hrs.	Guest House in Gompa
05	<b>Drive from Manasarovar to Darchen, Base Camp of Kailash</b> In the morning, perform pooja, homa, and other rituals etc. After lunch drive to Darchen. Stay at hotel.  <b>Meals: Breakfast, Lunch, and Dinner</b>	Alt: 4670 mt / 15321 ft Dist.: 36 km Driving: 1 hr.	Hotel in Darchen
06	<b>1st Day of Parikrama to Diraphuk</b> <b>Darchen - Yam Dwar then trek to Diraphuk.</b> Early morning drive to Tarboche 4606 mt, 15110 ft. and visit Yam Dwar. Those willing to do parikrama of Kailash will start walking from here and those not doing parikrama will return to Darchen to wait for rest of the people who are doing parikrama. Yaks will be used to carry foods and necessary equipment. The distance from Yam Dwar to Diraphuk is about 9 km and it requires approximately 6 hours on foot. The trail is flat and reasonably easy.  <b>Meals: Breakfast, Lunch, and Dinner</b>	Alt: 4920 mt / 16138ft Darchen to Yam Dwar 8 km / 45 mins. Walking Yam Dwar to Diraphuk: 9 Km / (6 to 8 hrs. trek)	Guest House in Diraphuk
07	<b>2<sup>nd</sup> Day of Parikrama to Zuthulphuk</b> <b>Diraphuk - Dolma-La Pass – Gauri kund - Zuthulphuk</b> Today is the toughest and longest day of this journey. You must wake up and start your journey for the next destination at around 4 -5 AM with light food. Right from the beginning till the pass 5600 mt. 18368 ft you have to go up hill (at least 4 hours). However in between, there are flat portion of the trail.  After reaching Dolma pass, the trail descends to other side of mountain via Gauri Kunda (also called Parvati Kunda). It is believed that the consort of Lord Shiva, Parvati, takes bath here. The trail further down from here is rocky. So, you need to be very careful while descending. After reaching down to the valley base (other side), the trail becomes wider and flatter. You will walk for another 6 hours or so to reach Zuthulphuk.  <b>Meals: Breakfast, Lunch, and Dinner</b>	Alt: Dolma La pass 5650mt / 18532ft Zuthulphuk 4780mt / 15700ft Dist.: 23 km Walking: 10 -12 hrs.	Guest House in Zuthulphuk
08	<b>3<sup>rd</sup> Day of Parikrama. End parikrama on foot and drive to Purang.</b> The trek approximately takes about 3 to 4 hrs. to reach the pick-up point, and the trail is quite easy and flat. From the pick-up point, drive to Purang or Hilsa (if time and weather permits fly to Simikot). Zuthulphuk to pick-up point walk 3 – 4 hrs. drive to Darchen: 6 km 20 minutes. Pick-up point to Purang 150 Km: total time taken 4 to 5 hrs. drive  <b>Meals: Breakfast, Lunch, and Dinner</b>	Alt: 3400mt / 11152ft	Hotel in Purang

<b>09</b>	<b>Purang - Hilsa – Simikot</b> Drive from Purang to Hilsa 45 Km, 1 hr., then fly to Simikot by chartered helicopter shuttle flights.  <b>Meals: Breakfast, Lunch, and Dinner</b>	Alt: 2950mt / 9676 ft. Drive 45 Km, 1 hr. Fly 20 min	Hotel in Simikot
<b>10</b>	<b>Simikot – Nepalgunj – Lucknow</b> From Simikot, fly back to Nepalgunj by fixed wing airplane, 50 mins. and drive back to Lucknow.		Tour Concludes

**Note: Above itinerary is subject to change under unfavorable weather conditions and unavoidable circumstances. In this hilly terrain, the weather conditions change very often and is unpredictable. Any cost incurred due to change in the itinerary must be paid extra by the customer. We strongly suggest while buying return air ticket from Lucknow to home, to book with flexible date change option so that in case of delay from Simikot to Nepalgunj, you will be able to reschedule the ticket.**

**Cost for extra days stay will be charged @ INR 3,000/- for Indian per night on twin/double/triple bedroom sharing basis and extra INR 2,000/-for taking single room with all meals.**

### **Kailash Manasarovar Yatra partially using helicopter in 2025 (Lucknow to Lucknow)**

#### **Departure Dates**

<b>2025</b>	<b>Nepalgunj Departure dates</b>
June	20, 26, 30
July	07*, 14, 18, 22, 28, 30
Aug	06*, 11, 15, 23, 29
Sept	04*, 08, 10, 12

**Note: Above schedule is subject to change for the reasons beyond our control.**

**\*Indicates tour leaving for full moon day.**

#### **Pricing**

<b>Category</b>	<b>For Indian passport holders</b>
Adult on Double / Triple Sharing	INR 2,68,000/- per person
Single Adult in a Room for Nepalgunj ONLY	INR 4,000/- per person to be paid additionally over the above cost.

**5% GST extra**

#### **Inclusions:**

- Airfare of regular flights by airplanes Nepalgunj / Simikot / Nepalgunj.
- Helicopter chartered flights for Simikot / Hilsa / Simikot.
- Accommodation on twin/double/triple bed sharing basis as per the above itinerary. Accommodation in Simikot and in Tibet at the best available hotels / guesthouses in double bedroom sharing or on sharing 3 – 6 beds in a room as per the availability.
- All vegetarian meals throughout the tour from Nepalgunj to Nepalgunj.
- Sharing transportation vehicle from Lucknow to Nepalgunj and back to Lucknow. (will cost extra for private vehicle or when sharing transportation is not available)
- All transfers in Tibet by coach with English speaking guide and baggage, equipment by truck.
- Complimentary Duffle bag (big bag for keeping personal clothes and equipment)
- Complimentary Backpack
- Warm jacket (on returnable condition)
- Experienced tour leader / coordinator with group from Nepalgunj to Nepalgunj.
- Tibet visa fee and permit fee for Kailash and Manasarovar.
- Simikot permit and Royalty.
- During "parikrama" of Mt. Kailash, Yaks and Yak-men will be used to carry food and utensils
- On the tour Oxygen cylinder, Pulse and Oximeter and Basic First-Aid box will be available
- Certificate on completion of the tour.



**Exclusions:**

- Extra cost of accommodation and meals in Nepalgunj, Simikot and Hilsa for staying more than the schedule due to flight / helicopter cancellation, bad weather or for any other reasons whatsoever.
- Extra cost of transportation, portage etc. involved due to landslides, political and natural disturbances and any other unforeseen conditions on Nepal side.
- Room for refreshment in Nepalgunj before driving to Lucknow.
- Personal porter wherever required.
- Expenses of personal nature such as insurance, beverage, telephone calls, tips etc.
- Charges of pony and porter if required to for Kailash "parikrama".
- Any other cost not mentioned as included.

**Payment Terms:**

Minimum Booking Amount	25000
55 Days prior from the departure	75% of package cost
30 Days prior from the departure	100% of package cost

**Cancellation Terms:**

<b>Cancellation of Confirmed Booking</b>
25% of the package cost will be charged as cancellation fee if cancelled before 30 clear days of the departure
30% of the package cost will be charged as cancellation fee if cancelled before 20 clear days of the departure
50% of the package cost will be charged as cancellation fee if cancelled before 15 clear days of the departure
75% of the package cost will be charged as cancellation fee if cancelled before 10 clear days of the departure
No refund will be given if cancelled before 9 days of the departure or no show

Note: After the commencement of the tour, if any participant cancels the trip due to sickness or for any reasons whatsoever, there will not be any refund at all and hence, cannot be adjusted with any service provided from the point of cancelling the trip. All the extra expenses involved in surface/air transportation, accommodation, treatment etc. should be borne by the concerned participant or by the next of kin of the participant.

**Important Information: Guidelines to follow before leaving home for Kaliash Manasarovar Yatra 2025**

1. At the time of booking must submit clear scanned copy of Tour Booking Form duly signed by each traveler / Yatri. The form will be shared by Southern Travels executive separately
2. At the time of booking, submit clear scanned self-attested copies of passport in JPEG format. (please ensure that your passport is valid for at least 06 months from the date of entry into China for yatra).
3. All Kailash Manasarovar Yatra participants are requested to have medical check-up by doctor and obtain fitness certificate and submit it to us at the time of briefing. Though it is not mandatory, but we advise to do so for your own safety and insurance claim in the event of medical treatment if required, trip cancellation for beyond the reasons beyond your control etc. The template of Medical Fitness Certificate along with the Tour Booking Form.
4. Please check and make sure that you are carrying all the necessary medicines recommended by your doctor for the trip. Medicines to carry for motion sickness, necessary antibiotics, diarrhea, body aches, fever, vomiting, common cold & personally followed medicines
5. Suggestions on things to carry: While driving to Kailash, it will be warm inside the vehicle but very cold outside. Mornings and evenings will be generally cold and warm clothing will be required. Temperature varies from 00 C to - 240 C. Cold wind blows at the speed of 50 to 60 Km per hour at some places. We recommend that you bring the following clothing and accessories with you. Please note – all the items and number of pieces recommended in the list are not mandatory. As such, you may decide the items and pieces as per your choice and need. However, you should not forget to bring warm clothes and rain gear. We are providing wind-proof warm jacket (on returnable condition), backpack and duffle bag.
  - o Carry Passport size photograph for Chinese visa & permit applications
  - o Warm Comfortable trekking boots / Good well worn-in walking shoes
  - o Wool shirts
  - o Cotton shirts
  - o Regular underwear and Thermal underwear
  - o Skirts/trousers for women
  - o Trousers/shorts for men
  - o Wind and rain gear with hood
  - o Wool hat/mittens/gloves
  - o Sun hat
  - o Wool and cotton socks
  - o Sweaters
  - o Towel
  - o Track suit
  - o Sleeping clothes

- Personal first-aid
  - Toilet kit
  - Flashlight/torch with extra batteries
  - Camera
  - Sunglasses
  - Water bottle
  - Swimsuit (for use before and after Tibet trip)
  - Plastic bags for reading material, film, cameras, etc.
  - Sunscreen cream and lip balm
6. Carry Pooja Samagri / Worship items (optional): Camphor, Samidha (for havan), Kumkum, Wicks dipped in ghee, pooja bell, prayer book, incense sticks, bel patra, rice, moil (red thread), small diya, etc. Pooja Samagris are also available in Nepalgunj and Kathmandu.
  7. Please make sure that you do not leave home without your passport.
  8. Please bring supplementary food/snacks like dry nuts, dry fruits, biscuits of your choice, chocolates, chewing-gum etc for yourself or friends.
  9. To protect against unforeseen circumstances, we advise you to take a trip cancellation and medical insurance policy in your home country. The policy should also include coverage of transportation cost in the event of helicopter evacuation being required. We regret, such policies are not available in Nepal. Make sure that you bring the copy of insurance documents along with you for our record and reference.
  10. Please make sure that you have water bottle, camera, flashlight (torch), light jacket, passport, medicine etc. to put in the backpack provided by us. It will be carried by yourself throughout the tour.
  11. You may change Indian rupees to Nepalese rupees in Nepalgunj, Kathmandu and also at the border. You can check the exchange rate at present is – Indian rupee (INR) 1.00 = Nepalese rupees (NPR) 1.60, Yuan 1.00 = INR 12.00 (approx.). You can also check online as the rate may fluctuate.
  12. As per new rule of Indian Government, one can carry 500.00 rupees notes while travelling to Nepal, but it is limited to INR 25000.00 per person. More than this amount should be in lower denominations. Credit card is acceptable in Nepalgunj and Kathmandu but not elsewhere in Nepal and on Kailash Manasarovar Yatra in Tibet.
  13. Please do NOT miss the briefing. This is very important that you participate in the briefing meeting and ask any question related to your trip. Please confirm the time of briefing with our officials.
  14. We will provide one duffle bag and one backpack to each participant free of cost. So, you do not need to bring these items. Size of the duffle bag is Length 85 Cm; Width 35 Cm; Height 35 Cm, backpack Length 30 Cm; Width 20 Cm; Height 45 CM. We also provide jacket on returnable condition. You may take our duffle and backpack home as a souvenir if you wish.
  15. You may bring suite case, but it is not recommended on the tour. You may store it in the hotel free of cost.
  16. For any help or assistance, please do not hesitate to contact our staff.
  17. Jurisdiction: Place of Arbitration and for all claims, disputes of whatsoever nature relating to the tours operated, marketed I coordinated by Southern Travels Pvt. Ltd. the courts in Delhi will have exclusive jurisdiction in the event of any differential dispute arising between the company and the customer.